

# Standardized Recipe Form

Recipe Name Beefaroni Category Entrée Recipe # \_\_\_\_\_

(i.e., entrée, breads)

Process: 2 (1= No cook; 2= Cook and same day serve; 3= Cook, cool, reheat, serve; 4= SOP controlled)

<b>Ingredients</b> * Indicates a commodity item (Local) Indicates a local item	Servings		<b>Directions:</b> Include <i>step-by-step instructions</i> , the <i>critical control points (CCP)</i> (specific points at which a hazard can be reduced, eliminated or prevented) and <i>critical limit</i> (time and/or temperature that must be achieved to control a hazard).
	50	100	
Hamburger, raw* (or Local) Tomato sauce* Diced tomatoes* Tomato soup Brown gravy mix Onions, diced (Local) Salt Pepper Squash or sweet potatoes, pureed Whole wheat rotini*, cooked	8 lb + 6 oz ¾ #10 can 1/8 #10 can w/juice 1 3/8 oz 1/3 package ½ medium 1/8 tsp (to taste) 1/8 tsp (to taste) 1/8 #10 can 3 lb + 7 5/8 oz	16 lb + 11 oz 1 2/3 #10 can 1/3 #10 can w/juice 2 7/8 oz 5/8 package 1 medium ¼ tsp ¼ tsp 1/3 #10 can 6 lbs 15 oz	1. Brown hamburger and add onions, salt, and pepper. Drain all water and grease. 2. Add Tomato sauce, soup, and pureed tomatoes and/or squash, and dried brown gravy mix. 3. Bring to 160 degrees and simmer until added to cooked rotini noodles. 4. Cook rotini noodles in a large pot. 5 pounds will make 5" in 6" pan after adding 8 quarts of sauce and stirring well. Should make 5 pans plus. 5. Serve 1 #6 scoop to K-3 and 2 #8 scoops to 4-12. 6. Bon appetite. 7. Hold at 135° or higher for service.

Serving Size 1-#6 scoop K-3; 2-#8 scoops 4-12 Pan Size 6"

**Oven Temperature & Baking Time:**

Yield \_\_\_\_\_ Number of Pans \_\_\_\_\_

	Temperature	Minutes
Conventional	<u>350</u>	<u>60</u>
Convection	_____	_____

**Meal Pattern (Based on Serving Size):** \_\_\_\_\_

2.0 Meat/Meat Alternative

\_\_\_\_\_ Fruit/Vegetable

.75 Grains/Breads

If available, **Nutrition Analysis:** **Serving Size:** \_\_\_\_\_

213 Calories 3.18 Saturated Fat (g) 8.3 Vitamin C (mg)

15.8 Protein (g) 518 Sodium (mg) 1319 Vitamin A (IU)

9.23 Total Fat (g) 3.17 Fiber (g) 27.2 Calcium (mg)

39 % Calories from Total Fat 2.32 Iron (mg)

This recipe is from Cindy Bainter, Sweet Grass County High School, Big Timber, Montana.